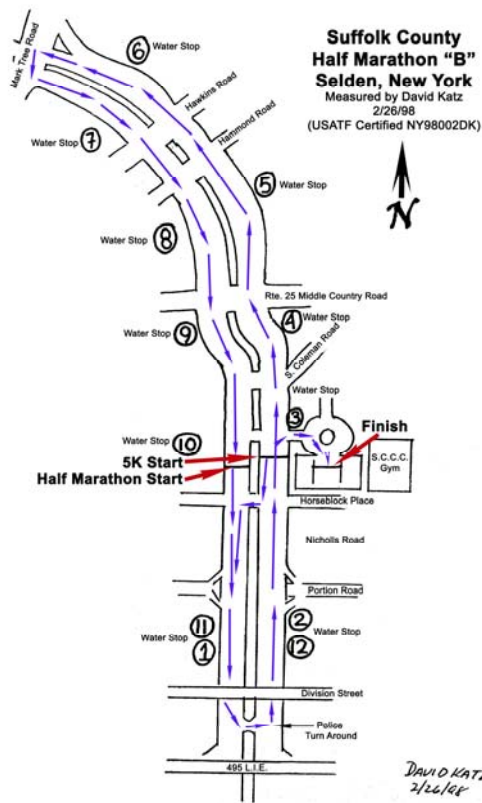


HALF MARATHON & 5K RACE COURSE



**Suffolk County
Half Marathon "B"
Selden, New York**
Measured by David Katz
2/26/98
(USATF Certified NY98002DK)

NON-PROFIT
U.S. Postage
PAID
Babylon, NY
11702-9998
PERMIT #431

**PLEASE NOTE: SUFFOLK COUNTY POLICE WILL
CLOSE NICOLLS ROAD AT 8:30 AM AND WILL REOPEN
TO TRAFFIC AT 12 NOON SHARP.**

**THERE IS NO SIMPLE WAY TO THE COLLEGE AFTER
THE ROAD IS CLOSED. PLEASE BE ON TIME!**

*Due to time restraints no walkers or joggers will be permitted on the 1/2 marathon course.
Anyone still on the course at 12 Noon will be pick up off the course for safety reasons.*

EVENT WILL OCCUR RAIN OR SHINE!

RACE APPLICATION FEES ARE NON-REFUNDABLE!

T-shirts are guaranteed for pre-registered runners only.
Day of the race registrations T-Shirts are available as long as supply lasts.

Communications and Logistics:
Long Island Amateur Radio Operators

Suffolk County Half Marathon
P.O. Box 315
Babylon, NY 11702



THE ORDER OF AHEPA CHAPTER 416 DISTRICT 6

(American Hellenic Educational Progressive Association)



**IN COOPERATION WITH THE
COUNTY OF SUFFOLK**



Presents the 14th Annual

**AHEPA – SUFFOLK COUNTY
HALF MARATHON *
& 5k ROAD RACE ****

**SUNDAY MARCH 28, 2010
9:00 AM**

On the Grounds of the
**SUFFOLK COUNTY COMMUNITY COLLEGE
AMMERMAN CAMPUS, SELDEN, NY**

* Part Of 2009 USATF Long Island Grand Prix Series Of Road Running

* 2009 USATF – Long Island Half Marathon Association Championship Run

* **Race Certified by USA Track & Field (NY98002DK)

REVENUES TO BENEFIT:

Suffolk
COUNTY COMMUNITY COLLEGE
Scholarship Fund



AHEPA Suffolk County Half Marathon

P.O. Box 315, Babylon, NY 11702

Phone /Fax: (631) 957-7700

E-mail: info@sc-halfmarathon.org

Website: www.sc-halfmarathon.org

START & FINISH: HALF MARATHON & 5K

Suffolk County Community College, Ammerman College, Selden, NY
1/2 Marathon Start Line: Nicholls Road southbound lanes heading south across from SCCC Gymnasium.

5K Start Line: Nicholls Road northbound lanes heading south across from SCCC Gymnasium courses merge together at first cross street.
1/2 Marathon & 5k Finish Line: In SCCC Gymnasium Parking Lot.

DIRECTIONS:

Long Island Expressway to Exit 62, Nicolls Rd. North (to Stony Brook) to SCCC Campus and follow signs.

PLEASE NOTE: SUFFOLK COUNTY POLICE WILL CLOSE NICOLLS ROAD AT 8:30 AM AND WILL REOPEN TO TRAFFIC AT 12 NOON SHARP. THERE IS NO SIMPLE WAY TO THE COLLEGE AFTER THE ROAD IS CLOSED. PLEASE BE ON TIME!

Due to time restraints no walkers or joggers will be permitted on the 1/2 marathon course. Anyone still on the course at 12 Noon will be pick up off the course for safety reasons.

RACE ROUTE:

USAT&T CERTIFIED 13.109 / 3.1 Miles. (NY98002DK)
1/2 Marathon part of 2009 USATF Grand Prix Series Of Road Running and 2009 USATF – Long Island Half Marathon Association Championship Run Traffic Free, Splits Every Mile

CHECK-IN:

RACE DAY REGISTRATION - From 7:00 to 8:30 AM
Suffolk County Community College Gymnasium Center
PICK UP – After 12 Noon when Nicholls Road is reopened by SC Police.

REGISTRATION:

Starts at 7:30 AM inside SCCC Gym.
Make Checks Payable To:
AHEPA Suffolk County Half Marathon

CONTACT INFORMATION:

AHEPA Suffolk County Half Marathon & 5K
P.O. Box 315, Babylon, NY 11702
Phone /Fax: (631) 957-7700
E-mail: info@sc-halfmarathon.org
Website: www.sc-halfmarathon.org

Mailed in Registration Prior to March 20, 2010: \$20.00
Day of RACE Registration: \$25.00

Registration is also available via: www.active.com

RACE FEES ARE NON-REFUNDABLE

AWARDS:

5k Awards:

To be presented after completion of 5k event.
Cash awards will be made to the winning runners only.
1st place male and female overall winners - \$100 each
2nd place male and female overall winners - \$50 each
3rd place male and female overall winners - \$25 each

1/2 Marathon Awards:

To be presented after completion of 1/2 Marathon event.
Cash awards will be made to the winning runners only.
1st place male and female overall winners - \$100 each
2nd place male and female overall winners - \$50 each
3rd place male and female overall winners - \$25 each

HALF MARATHON & 5K:

Plaques for Top Three Male and Female Runners in each Age Group:
12 & under, 13-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & up & Special Needs.

RACE MEMENTOS:

All pre-registered entrants will receive a race T-Shirt. Day of race registrations T-shirts are available as long as supply lasts. Other gifts are as supply lasts.

REFRESHMENTS:

Water and Refreshments will be available at the end of the race.
Water Stations at every mile marker along the race.

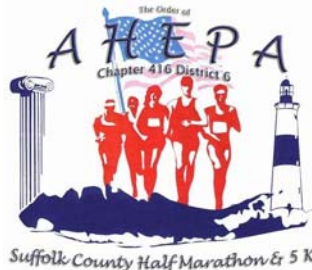
AMENITIES:

Toilet facilities at start/finish area only, no showers.
Free Drawing for special prizes. (Winners must be present)

For the safety of all participants and to satisfy insurance requirements, no skates, no roller blades, no baby strollers, no baby joggers, no walkers, no animals will be permitted in the race.



Steve Levy,
County Executive



Suffolk County Half Marathon & 5K



AHEPA - SUFFOLK COUNTY HALF MARATHON AND 5K RACE ENTRY FORM RACE FEES ARE NON-REFUNDABLE! EVENT WILL OCCUR RAIN OR SHINE!

FIRST NAME: _____ M.I.: _____ LAST NAME: _____ DATE OF BIRTH: _____
STREET ADDRESS: _____ AGE ON RACE DAY: _____
CITY: _____ STATE: _____ ZIP CODE: _____ SEX: M F
PHONE-DAY: _____ PHONE-NIGHT: _____ T-SHIRT SIZE: S M L XL XXL
EMAIL: _____
EVENT: 5K HALF MARATHON DIVISION: RUNNER SPECIAL NEEDS ALL RACE CREDENTIALS WILL BE ISSUED ON DAY OF EVENT ONLY!
FEE: EARLY REGISTRATION \$20.00 DAY OF EVENT \$25.00 MAKE CHECKS PAYABLE TO: AHEPA SUFFOLK COUNTY HALF MARATHON & 5K
PLEASE READ TWICE BEFORE SIGNING:
SUFFOLK COUNTY HALF MARATHON ASSUMPTION OF RISK, RELEASE OF LIABILITY, AND INDEMNITY AGREEMENT: IN CONSIDERATION OF MY PARTICIPATION IN THE AHEPA SUFFOLK COUNTY HALF MARATHON & 5K RACE, I REPRESENT THAT I UNDERSTAND THE NATURE OF THE EVENT AND THAT I AM QUALIFIED IN GOOD HEALTH AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH EVENT. I FULLY UNDERSTAND THAT THE EVENT INVOLVES RISKS OF SERIOUS BODILY INJURY, PERMANENT DISABILITY OR DEATH WHICH MAY BE CAUSED BY: 1. MY OWN ACTIONS, OR INACTIONS, 2. THOSE ACTIONS OF OTHERS - INCLUDING "RELEASES" (DEFINED BELOW), 3. THE EVENT CONDITIONS, OR 4. RISKS NOT KNOWN BY ME AT THIS TIME. I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I MAY INCUR AS A RESULT OF PARTICIPATION IN THIS EVENT. I HEREBY RELEASE, DISCHARGE AND AGREE NOT TO SUE THE SUFFOLK COUNTY HALF MARATHON, ITS RESPECTIVE DIRECTORS, OFFICERS, AGENTS, VOLUNTEERS, SPONSORING ORGANIZATIONS OR CONTRACTORS, SPONSORS, ADVERTISERS, LANDOWNERS OR THEIR RESPECTIVE EMPLOYEES OR AGENTS OR OTHER PARTICIPANTS, (ALL CONSIDERED "RELEASES") FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES I MAY INCUR AS A RESULT OF PARTICIPATION IN THIS EVENT. WHETHER CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEES, INCLUDING NEGLIGENCE RESCUE OPERATIONS. I FURTHER AGREE TO INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LOSS, LIABILITY, DAMAGE, OR COST (INCLUDING REASONABLE ATTORNEY'S FEES) WHICH THEY MAY INCUR RESULTING FROM ANYONE MAKING A CLAIM ON MY BEHALF. I UNDERSTAND THAT IF ONE PART OF THIS AGREEMENT IS INVALID, ALL OTHER PARTS WILL REMAIN VALID TO THE EXTENT OF THE LAW.
I HAVE READ THIS UNCONDITIONAL AGREEMENT TWICE, AND FULLY UNDERSTAND IT, AND THE RIGHTS, I HAVE WAIVED BY SIGNING IT, AND DO SIGN IT VOLUNTARILY.

Signature of Runner _____ Date _____ Signature of Parent or Guardian if runner is under 18 yrs _____ Date _____
Signature of Witness _____ Date _____
Print Name _____ Print Name _____
Do Not Write Below This Line - For Race Officials Only!
 Check MO Award
Date Received _____ Payment Method _____ CK /MO # _____
Date Entered _____